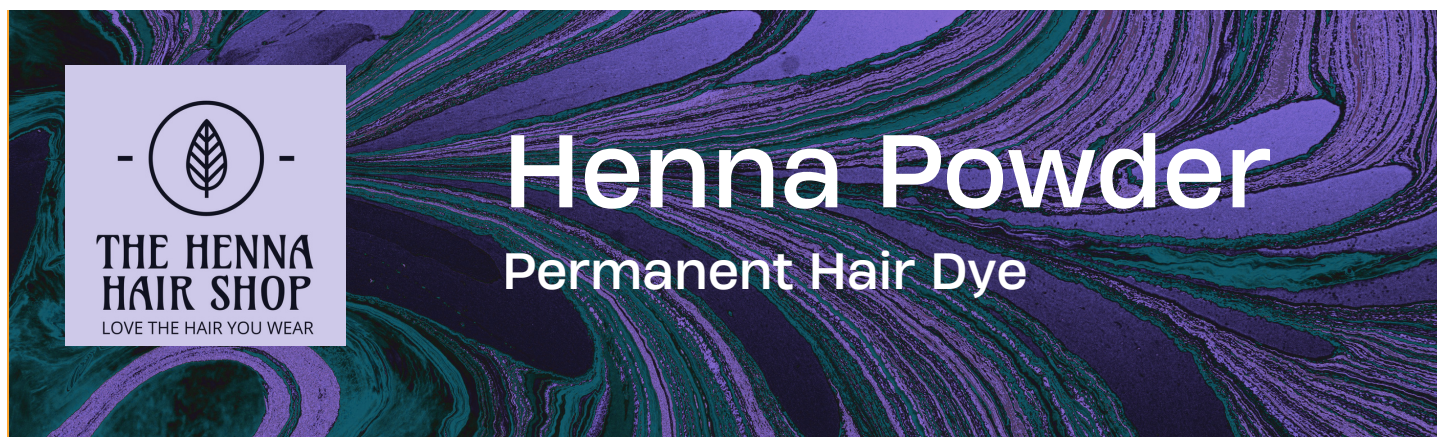




Henna powder, when used alone, can create a copper-red hair colour depending on the colour of your hair. It cannot lighten hair that is already dark; black hair cannot become copper. When combined with our other natural hair dye powders, it can help create custom shades that range from dark blonde, light/med/dark browns, copper-dark red, and even black. The colour results depend on your powder ratios.

Approx. Usage Guide – Roots (30g), Ear Length (50g), Shoulder Length (75g), Underarm Length (100g), Mid-Back Length (125g), Waist Length (150g), Booty Length (200g) ****This is the total amount of required powder for the length indicated, make sure that if using more than one type of powder, that this is the total weight****

Tools Needed

x1 Henna Powder (provided), x1 Mixing Bowl, x1 Mixing Spoon, x1 Applicator Brush, 1 Tsp Apple Cider Vinegar/Lemon Juice, Clingfilm, Filtered Water, Shower Cap & Gloves (provided).

Be careful not to use porous materials, as it can stain materials that are made from wood, plastic, fabric, etc. We recommend glass, ceramic, stainless steel.

How to Prepare Your Henna Paste

Below are the instructions for preparing henna paste. If using henna as part of a recipe with cassia or amla powder, please combine them with your henna powder (before adding water) and follow the henna paste instructions. Please make sure you check your ratios and hair dye recipe before you start, they will affect your colour results.

1. Put the Henna Powder in the bowl.
2. Add warm water **very gradually** and mix it well in between. **You do not want the paste to be too runny or too thick, as it will not cover as effectively.** Stop when you have reached a consistency of thick yoghurt/pancake batter.
3. Add 1tsp Apple Cider Vinegar/Lemon Juice and mix the paste well again.
4. Cover the bowl with cling film & seal it completely, making sure there are no gaps for air to make contact with the paste.

5. Leave it to develop at room temperature for a minimum of 8 hrs, up to a maximum of 12 hrs. Make sure it is not left to develop in direct sunlight.
6. You can do a quick test by seeing if the paste stains your finger. It should stain your finger an orange colour; this indicates dye release. Once dye release has been achieved, we recommend that you either use it straight away or keep it in the fridge for up to 48 hours. **Remember not to leave the paste to develop outside of the fridge for longer than 12 hours, as it will begin to oxidise/demise.**
7. Make sure you have clean, freshly washed hair. When washing your hair, make sure to just use shampoo, **NO CONDITIONER** and **cleanse the scalp well**. Any oil, dirt or conditioner can create a barrier between your hair follicle and the dye and affect your results.
8. Apply the paste to **freshly washed hair**. Make sure to apply it in sections to ensure even coverage.
9. Cover the entire hair with the provided shower cap and leave for 2 hours.
10. Wash off with lukewarm or cool water. Do not use hot water, as it can affect the strength of the stain, which is still binding to your hair. **DO NOT USE SHAMPOO**, as it can lift the dye whilst it is still binding to your hair. Your hair and scalp will naturally be cleansed by the plant powders. You may condition the ends as normal to add extra moisture.

After Care

1. DO NOT wash your hair for at least 2-3 days after rinsing off the dye. The plant powders are still binding to the keratin in your hair.
2. DO NOT swim in the ocean, pool, steam room, etc., for at least 2-3 days after applying the natural hair dye.
3. DO USE dark pillowcases and towels for the first week or so, to avoid staining any of your finest linen.

Follow Us:

Instagram / TikTok / YouTube

@thehennahairshop

www.thehennahairshop.com