



THE HENNA
HAIR SHOP
LOVE THE HAIR YOU WEAR

Golden Goddess

Semi-Permanent Hair Dye

x1 Golden Goddess Kit makes enough paste to cover underarm-length hair. If your hair is longer or quite thick, then you may need to use more powder. The opposite applies to those who have extremely thin hair; they may need less.

Approx. Usage Guide - Roots (30g), Ear Length (50g), Shoulder Length (75g), Underarm Length (100g), Mid-Back Length (125g), Waist Length (150g), Booty Length (200g)

Tools Needed

x1 Golden Goddess Hair Colour (provided), Chamomile Tea (provided), x1 Mixing Bowl, x1 Mixing Spoon, x1 Applicator Brush, 1 Tsp Lemon Juice, Clingfilm, Filtered Water, Shower Cap & Gloves (provided).

Be careful not to use porous materials, as it can stain materials that are made from wood, plastic, fabric, etc. We recommend glass, ceramic, stainless steel.

How to Prepare Your Paste

1. Make the chamomile tea by adding 300 ml of hot filtered water to the chamomile flowers. Let the tea steep for a minimum of 30 mins or overnight.
2. Strain the flowers and make sure the tea is warm. If it has cooled, then gently reheat it until it is warm.
3. Put the Golden Goddess natural hair dye powder in the bowl and add the chamomile tea **very gradually**, mixing well in between. **You do not want the paste to be too runny or too thick, as it will not cover as effectively.** Stop when you have reached a consistency of thick yoghurt/pancake batter.
4. Add 1 tsp Lemon Juice and mix the paste well again.
5. Cover the bowl with cling film & seal it completely, making sure there are no gaps for air to make contact with the paste.
6. Leave it to develop at room temperature for 2-3 hours. Make sure it is not left to develop in direct sunlight.
7. Once developed, we recommend that you either use it straight away or you can keep it in the fridge for up to 24 hours. **Remember not to leave the paste to**

develop outside of the fridge for longer than 4 hours, as it will begin to oxidise/demise.

8. Make sure you have clean, freshly washed hair. When washing your hair, make sure to just use shampoo, **NO CONDITIONER** and **cleanse the scalp well**. Any oil, dirt or conditioner can create a barrier between your hair follicle and the dye and affect your results.
9. Apply the paste to **freshly washed hair**. Make sure to apply it in sections to ensure even coverage.
10. Cover the entire hair with the provided shower cap and leave for 2-3 hours.
11. Wash off with lukewarm or cool water. Do not use hot water, as it can affect the strength of the stain, which is still binding to your hair. **DO NOT USE SHAMPOO**, as it can lift the dye whilst it is still binding to your hair. Your hair and scalp will naturally be cleansed from the plant powders; you may condition the ends as normal to add moisture.

After Care

1. **DO NOT** wash your hair for at least 2-3 days after rinsing off the dye. The plant powders are still binding to the keratin in your hair.
2. **DO NOT** swim in the ocean, pool, steam room, etc., for at least 2-3 days after applying the natural hair dye.
3. **DO USE** dark pillowcases and towels for the first week or so, to avoid staining any of your finest linen.

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