



THE HENNA
HAIR SHOP
LOVE THE HAIR YOU WEAR

Cassia Obovata

Semi-Permanent Hair Dye

Cassia Obovata, when used alone, can create a wheat/golden-blonde colour on white or light-coloured hair. It cannot lighten hair that is already dark, but it will enhance, condition, and strengthen any hair. When combined with our other natural hair dye powders, it can help create custom shades that are either more golden and/or brighter, or in darker shades, it will help mute red tones. The colour results depend on your powder ratios. Cassia has been used for centuries in Ayurvedic practices as a hair repair mask for therapeutic, strengthening, and conditioning properties for the hair and scalp.

Approx. Usage Guide - Roots (30g), Ear Length (50g), Shoulder Length (75g), Underarm Length (100g), Mid-Back Length (125g), Waist Length (150g), Booty Length (200g) ***This is the total amount of required powder for the length indicated, make sure that if using more than one type of powder, that this is the total weight***

Tools Needed

x1 Packet Cassia Obovata Powder, x1 Mixing Bowl, x1 Mixing Spoon, x1 Applicator Brush, 1 Tsp Lemon Juice, Clingfilm, Filtered Water, Shower Cap & Gloves (provided).

Be careful not to use porous materials, as it can stain materials that are made from wood, plastic, fabric, etc. We recommend glass, ceramic, stainless steel.

How to Prepare Your Cassia Paste for Hair Dye

Below are the instructions for preparing cassia paste to create a golden-blonde hair dye. If using cassia as part of a recipe with other plant hair dyes, please combine the cassia powder with your henna powder (before adding water) and follow the henna paste instructions. Please make sure you check your ratios and hair dye recipe before you start, they will affect your colour results.

1. Place the Cassia Obovata powder in the bowl and add warm filtered water **very gradually**, mixing well in between. **You do not want the paste to be too runny or too thick, as it will not cover as effectively.** Stop when you have reached a consistency of thick yoghurt/pancake batter.

2. Add 1 tsp Lemon Juice and mix the paste well again.
3. Cover the bowl with cling film & seal it completely, making sure there are no gaps for air to make contact with the paste.
4. Leave it to develop at room temperature for 2-3 hours. Make sure it is not left to develop in direct sunlight.
5. Once developed, we recommend that you either use it straight away or keep it in the fridge for up to 24 hours. **Remember not to leave the paste to develop outside of the fridge for longer than 4 hours, as it will begin to oxidise/demise.**
6. Make sure you have clean, freshly washed hair. When washing your hair, make sure to just use shampoo, **NO CONDITIONER** and **cleanse the scalp well**. Any oil, dirt or conditioner can create a barrier between your hair follicle and the dye and affect your results.
7. Apply the paste to **freshly washed hair**. Make sure to apply it in sections to ensure even coverage.
8. Cover the entire hair with the provided shower cap and leave for 2 hours.
9. Wash off with lukewarm or cool water. Do not use hot water, as it can affect the strength of the stain, which is still binding to your hair. **DO NOT USE SHAMPOO**, as it can lift the dye whilst it is still binding to your hair. Your hair and scalp will naturally be cleansed from the plant powders; you may condition the ends as normal to add moisture.

After Care for Hair Dye

1. DO NOT wash your hair for at least 2-3 days after rinsing off the dye. The plant powders are still binding to the keratin in your hair.
2. DO NOT swim in the ocean, pool, steam room, etc., for at least 2-3 days after applying the natural hair dye.
3. DO USE dark pillowcases and towels for the first week or so, to avoid staining any of your finest linen.

How to Prepare Your Cassia Paste for Hair Mask

1. Place the Cassia Obovata powder in the bowl and add warm filtered water **very gradually**, mixing well in between. **You do not want the paste to be too runny or too thick, as it will not cover as effectively.** Stop when you have reached a consistency of thick yoghurt/pancake batter.
2. Let the paste rest for 15 mins
3. Use paste straight away or keep it in the fridge for up to 24 hours. **Remember not to leave the paste to develop outside of the fridge for too long as it will begin to demise.**
4. Make sure you have clean, freshly washed hair. When washing your hair, make sure to just use shampoo, **NO CONDITIONER** and **cleanse the scalp well**. Any oil, dirt or conditioner.
5. Apply the paste to **freshly washed hair**.

6. Cover the entire hair with the provided shower cap and leave for 1 hour.
7. Wash off with lukewarm or cool water. Do not use hot water, **DO NOT USE SHAMPOO**, and you won't need conditioner. Your hair and scalp will naturally be cleansed and moisturised by the properties of cassia.

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